

FASD



Feotal Alcohol Spectrum Disorder/ FASD

What is FASD and what does it mean for a child and their family?

Is there a safe level of drinking if a woman is pregnant? How does alcohol use impact on the unborn child? What advice is there for mothers to be?

Who could benefit from the training?

This course explores how maternal alcohol consumption has the potential to affect the development and growth of the unborn child. It also looks at the long-term impact of foetal alcohol spectrum disorder (FASD) for the child including emotional and behavioural development alongside the specific physical features of foetal alcohol syndrome (FAS). It covers the most up to date advice from the chief medical officers and how to communicate that information to parents.

This course is useful for anyone working with women or those working in education, learning disabilities, fostering & adoption or health, particularly maternity and early years.

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Aim of the training:

- To understand what FASD and FAS are and to be able to advise parents to help prevent it.

Learning Objectives:

- To understand the potential effects of maternal alcohol use during pregnancy
- To recognise the possible effects of FASD on the child, its development and their family
- To know the current advice from the Chief Medical Officers regarding alcohol consumption in pregnancy.
- Understand the care pathway and referral routes into County Durham Drug and Alcohol Recovery Service

To book this course contact our training team on 03000 266 666 or email us necsu.traininghumankind@nhs.net



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